

ANNUAL REPORT

COSMOS YOUTH CLUB CHARITABLE TRUST

2024-25



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Introduction

Cosmos Youth Club Charitable Trust: An Overview



Cosmos Youth Club Charitable
Trust

“service to humanity is the best work of life”

Established on January 17, 2020, the Cosmos Youth Club Charitable Trust is dedicated to the holistic development of marginalized and deprived sections of society. The organization's core mission is to create a sustainable community by providing social services and empowering those in need.

The Trust focuses on several key areas to achieve its goals:

- **Health & Education:** The Trust conducts health camps and awareness campaigns on topics like sanitation, pollution control, and disease prevention (including HIV/AIDS). It also provides educational and literacy programs to foster a knowledgeable community.
- **Skill Development & Employment:** Through vocational training, workshops, and seminars, the organization equips youth, women, and vulnerable groups with technical skills to become self-reliant and secure employment.
- **Social & Community Development:** The Trust works to raise awareness against social evils and provides basic legal knowledge to communities. It also engages in various social activities, such as celebrating cultural events like Shri Ram Navami and recognizing student achievements with certificates for extracurricular activities like guitar playing.

The Cosmos Youth Club Charitable Trust funds its programs through a combination of its own collected resources and government support, ensuring each initiative is run successfully for the benefit of the community.

Hope in Action

Serving the Roots

Vission & Mission

Our Vision



The Cosmos Youth Club Charitable Trust envisions a society where every individual, particularly those from scheduled castes, tribes, and other marginalized groups, is empowered to lead a life of dignity and self-reliance. We aim to build a sustainable community by providing holistic development opportunities.

Our vision is to equip vulnerable adolescents, youth, women, and children with the essential tools they need to succeed. Through vocational training and skill development, we strive to create pathways to employment and economic independence. We are dedicated to raising awareness on critical issues such as health, education, and social justice, while combating social evils. Ultimately, we seek to foster a compassionate and harmonious community where everyone has the knowledge, skills, and opportunity to contribute to a brighter future for all.

Our Mission

Our mission is to serve as a catalyst for positive change by working directly with vulnerable and deprived communities. We strive to:

- **Empower through Education:** Provide essential educational programs, literacy initiatives, and technical skill development to create a foundation for self-reliance.
- **Promote Health and Well-being:** Organize health camps, awareness campaigns on sanitation and disease prevention, and provide services that improve community health.
- **Foster Economic Independence:** Offer vocational training and employment generation programs to help individuals from marginalized groups become socially and economically independent.
- **Build an Aware Community:** Conduct workshops and seminars to raise awareness about basic legal rights and combat social evils, building a more just and informed society.
- **Enhance Community Engagement:** Actively participate in social and cultural activities to strengthen community bonds and promote a sense of belonging.



सशक्त समाज





सेवा ही उद्देश्य

Founder's Statement

“Dear Friends, Supporters, and Members of Our Community,

It is with immense pride and gratitude that I present the Cosmos Youth Club Charitable Trust's annual report for 2024-2025. This past year has been a testament to our collective strength and unwavering commitment to serving the most vulnerable sections of our society. The journey we embarked on in 2020 continues to inspire us as we see the tangible impact of our work on the ground.

During the past year, we have made significant strides in our core areas. Our vocational training programs have empowered countless youth and women with skills that have opened doors to self-employment and dignified livelihoods. We have conducted numerous health camps, bringing essential medical services and awareness to remote communities. Our educational initiatives are not just about literacy; they are about giving children a brighter future.

None of this would be possible without the tireless efforts of our dedicated staff, the selfless service of our volunteers, and the generous support of our donors and partners. You are the driving force behind every success story.

As we look to the future, we remain committed to our vision of creating a sustainable and equitable society. We are excited about our new initiatives planned for the coming year and are confident that, with your continued support, we can reach even greater heights.

Thank you for being a part of our journey.

Sincerely,

Key Objective

To empower marginalized communities through health services, skill development, women & child welfare, ST/SC upliftment, environmental conservation, and cultural promotion for sustainable and inclusive growth.

President

Cosmos Youth Club Charitable Trust

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ओर



President's Message

“When service meets sincerity, transformation begins.”

It is a great honor to share the achievements and progress of the Cosmos Youth Club Charitable Trust for the year 2024-2025. This past year has been a period of remarkable growth and deepened impact, made possible by the unwavering dedication of our team and the incredible support from our community.

We have successfully implemented a number of key programs that have directly benefited the vulnerable sections of our society. Our vocational training workshops, for instance, equipped over [number] youth with marketable skills in areas like [mention specific skills, e.g., computer applications, tailoring, electrical repair], helping them secure stable livelihoods. Furthermore, our health camps served more than [number] individuals, providing essential medical check-ups and crucial health awareness sessions on topics such as [mention topics, e.g., hygiene, nutrition, disease prevention].

Beyond these statistics, we have also focused on building a stronger, more aware community. Our seminars on legal rights and social evils have empowered citizens to stand up for themselves and create a safer environment. The positive feedback and stories of change we've received from beneficiaries are a true testament to our collective effort.

As we move forward, we are more committed than ever to our mission of creating a self-reliant and equitable society. We look forward to your continued collaboration and support in the coming year.

Sincerely,

President,

Cosmos Youth Club Charitable Trust

Core Values

Project Scope

Our work at Cosmos Youth Club Charitable Trust is guided by a set of foundational principles that define who we are and what we do. Empowerment is at the heart of our mission; we believe in giving people the tools and confidence to build their own futures. We operate with unwavering integrity and transparency, ensuring every action and financial decision is open and honest to build lasting trust with our supporters and the communities we serve. Inclusivity is not just a word for us—it's a commitment to serving all, regardless of background, and ensuring every individual has an equal opportunity to succeed. Our community-centered approach means we listen to the needs of the people we serve, co-creating programs that deliver meaningful and sustainable change. Finally, we hold ourselves accountable for our actions and their impact, constantly striving to improve and deliver the best possible results.

Project Scope for 2024-2025

For the fiscal year 2024-2025, our projects are designed to create a tangible impact across our core focus areas. We will empower 500 youth and women through vocational training programs in skills like computer basics, tailoring, and electrical repairs, setting them on a path to economic independence. We aim to improve community health by organizing 10 free health camps, providing vital medical check-ups and health education to over 1,500 individuals. To address educational gaps, we will launch a new literacy program aimed at enrolling 200 out-of-school children and providing them with the resources they need to thrive academically. Furthermore, we will run monthly social awareness campaigns on critical topics such as legal rights, social evils, and environmental protection to inform and empower over 5,000 community members.

"Where service begins, change follows."

"Committed to uplift, driven by purpose."

परिवर्तन के पथ



Key Highlights

2024-25

Extent of Work

☀️ Core Values of Cosmos Youth Club Charitable Trust ☀️

At Cosmos Youth Club Charitable Trust, our core values guide every action, decision, and initiative we undertake. They are the foundation of our work, driving us to create a lasting impact and make a difference in the communities we serve. These values are:

1. Integrity 💎

Integrity is the cornerstone of all our efforts. We maintain honesty, transparency, and ethical practices in everything we do. We believe in trust-building and ensuring that every rupee spent is accounted for.

2. Compassion ❤️

We are deeply committed to making a difference in the lives of vulnerable communities, especially women and children. Compassion fuels our initiatives, ensuring we serve with empathy, kindness, and a true desire to uplift others.

3. Accountability 📊

We believe in being responsible for the resources entrusted to us. From financial management to program delivery, we ensure accountability by providing transparent reports, regular audits, and stakeholder involvement in our processes.

4. Sustainability 🌱

Our work is centered around creating long-term impact. We focus on eco-friendly initiatives, promoting green practices, and striving for sustainable development that will benefit not just this generation, but future ones as well. 🌍

5. Collaboration 🤝

We understand the power of working together. Through collaborations with communities, donors, volunteers, and partners, we amplify our efforts and bring about collective change. Together, we can achieve more!

6. Empowerment 💪

At Toyatma, we believe in empowering individuals. From skill development to health programs, we strive to provide opportunities for people—especially women, youth, and marginalized groups—to realize their full potential and lead self-sufficient lives.

Defined Scope

Hope in Action



"आपका साथ,
समाज का
विकास।"

On 9th of April 2024, training on sewing machine was provided at Cosmos Club to make economically weaker women self-reliant.

Date: 9th April 2024

Activity: Sewing Machine Training Program

Venue: Cosmos Club

Objective:

To empower economically weaker women by providing them with practical skills in tailoring, enabling them to become self-reliant and enhance their household income.

Description:

On 9th April 2024, Cosmos Youth Club Charitable Trust organized a hands-on Sewing Machine Training Program at the Cosmos Club premises. The program aimed at equipping women from marginalized backgrounds with tailoring skills. Participants were introduced to the basics of sewing, machine handling, and stitching techniques. Special focus was given to creating market-ready products like blouses, school uniforms, and household items.

Outcome & Impact:

- So many women actively participated in the training.
- Participants gained confidence in using sewing machines independently.
- The initiative laid the foundation for women's economic independence by creating opportunities for self-employment and small-scale entrepreneurship.



Defined Scope

Hope in Action



"आपका साथ,
समाज का
विकास।"



14th April 2024 Certificates of final examination for guitar playing were given to the children-students in Cosmos Club.

On 14th April 2024, the Cosmos Youth Club Charitable Trust proudly celebrated the achievements of its young learners. A special ceremony was organized to honor children and students who had successfully completed their Guitar Training Program.

The event was more than just a certificate distribution – it was a moment of pride and encouragement. As each child received their certificate, the hall filled with applause and joy. Parents, teachers, and community members witnessed the shining confidence of these young achievers, who had not only learned an art but also gained discipline, patience, and creativity through music.

This initiative reflects the Trust's belief that education is not limited to books and classrooms. By nurturing talents in art and culture, Cosmos Club aims to build well-rounded individuals who can express themselves with confidence.

Impact Highlights:

All local children successfully completed the training and received certificates. Students gained recognition for their artistic growth.

Families felt encouraged to support children in extracurricular learning.

"Music gives a soul to the universe, wings to the mind, and flight to the imagination."



 **"Empowering Children Through Music & Art"**



Celebrating the Spirit of Shri Ram Navami

On April 17, 2024, the Cosmos Youth Club Charitable Trust marked the auspicious occasion of Shri Ram Navami, the birth anniversary of Maryada Purushottam Lord Shri Ram, with a special puja held at 10:30 a.m. at the club premises. This event was more than just a religious ceremony; it was a vibrant celebration of faith, community, and the timeless values that Lord Ram represents.

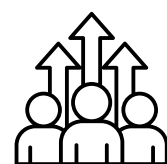
The club was beautifully adorned, creating a serene and festive atmosphere that welcomed members of the community from all walks of life. The air was filled with the fragrance of incense and the sound of devotional hymns, as participants gathered with reverence and joy. The puja, performed with traditional rituals and deep devotion, served as a powerful reminder of the virtues of righteousness, duty, and compassion—ideals that resonate deeply with the Trust's own mission of serving society.

The ceremony was led by a respected community elder, whose words of wisdom on the life and teachings of Lord Ram inspired everyone present. He spoke about the importance of upholding moral values, acting with integrity, and serving others selflessly—principles that the Cosmos Youth Club strives to embody in all its endeavors. The collective prayers offered during the puja were not only for personal well-being but also for the prosperity and harmony of the entire community.



Following the main ceremony, a sense of unity and fellowship filled the space as hearty greetings and wishes were exchanged among all attendees. Children, youth, and elders mingled, sharing stories and light refreshments. This gathering underscored the club's role as a social hub that brings people together, fostering a sense of belonging and mutual respect. Events like these are crucial in strengthening the social fabric of the community, providing a platform for people to connect and celebrate their shared heritage.

This celebration of Shri Ram Navami stands as a perfect example of the Cosmos Youth Club's commitment to not only social and economic development but also to preserving and honoring cultural and spiritual values. By organizing such events, the Trust ensures that its work is deeply rooted in the community's traditions, creating a balance between modern empowerment and cultural preservation. The successful event left everyone with a feeling of peace and renewed purpose, inspiring them to carry the values of Lord Ram into their daily lives and contribute to a more harmonious society. It was a day to remember, a day that beautifully encapsulated the spirit of service and devotion that defines the Cosmos Youth Club Charitable Trust.



Celebrating Creativity: A Night of Achievement

NURTURING **C**REATIVITY AND
CONFIDENCE



On the evening of May 12, 2024, the Cosmos Youth Club Charitable Trust hosted a memorable event to celebrate the achievements of its students. The institute awarded certificates to all participants of its Creative Arts programs, including Painting, Dance, and Guitar. This special evening was a culmination of weeks of dedication, hard work, and passion from the students, and it served as a testament to the club's commitment to nurturing talent beyond traditional academics.

The venue was filled with an air of excitement and pride as students, parents, and community members gathered to honor the young artists. The event began with a few captivating performances. Students from the dance class showcased a vibrant and energetic routine they had perfected, earning a round of thunderous applause. Following this, the guitar students took the stage, enchanting the audience with a beautiful medley of melodies. Their performance was a clear reflection of their progress and the skills they had acquired.



The highlight of the evening was the certificate distribution ceremony. One by one, students were called to the stage to receive their well-deserved certificates. The smiles on their faces, as they accepted their awards, spoke volumes about their sense of accomplishment. The certificates were more than just a piece of paper; they symbolized the new skills learned, the friendships forged, and the confidence gained.

A representative from the club addressed the attendees, highlighting the importance of creative expression in the holistic development of youth. He emphasized that arts education helps build discipline, creativity, and self-esteem, qualities that are essential for success in all aspects of life. The parents expressed their gratitude, noting how the club's programs had positively impacted their children, providing them with a constructive and joyful outlet for their energy.

The event concluded with a heartfelt vote of thanks to everyone who made the evening a success—the dedicated instructors who guided the students, the supportive parents, and the vibrant community that cheered them on. It was a perfect ending to a beautiful evening, reinforcing the idea that the Cosmos Youth Club is not just an organization but a close-knit family dedicated to shaping a brighter, more creative future for its members.

Social Activities: Fostering Talent and Community

On the evening of May 12, 2024, the Cosmos Youth Club Charitable Trust was filled with a vibrant energy of celebration and pride. In a special certificate distribution ceremony, we honored the hard work and dedication of our students from the Creative Arts programs, which include Painting, Dance, and Guitar. This event was a powerful testament to our mission of providing holistic development that nurtures both the mind and the creative spirit.

The atmosphere was electric with joy as students, parents, and dedicated staff gathered to recognize a year of passion and growth. Each certificate awarded was more than just a piece of paper; it was a symbol of countless hours of practice, the courage to express oneself, and the discovery of new talents. The performances and displays from our students showcased the incredible skills they have cultivated, proving that with the right guidance and encouragement, every individual can shine.



This beautiful evening was made possible by the unwavering support of our community—from the committed instructors who shared their expertise to the families who championed their children's artistic journeys. It highlighted that our work extends beyond traditional education; we are building a supportive ecosystem where youth can explore their interests, build confidence, and find their voice. The success of this event reinforces our belief that celebrating personal achievements is crucial for building a strong, self-reliant, and inspired community. We look forward to many more such occasions that showcase the remarkable potential within the youth we serve.



Health and Wellness Initiatives: Free Dental Camp

Cosmos Youth Club
Charitable Trust

On May 26, 2024, the Cosmos Youth Club Charitable Trust proudly hosted a successful free dental camp on its premises. This initiative was part of our ongoing commitment to community health and education, directly addressing the needs of marginalized and deprived sections of society.



Key Activities Conducted:

During the camp, more than 36 patients from the local community received comprehensive dental care. Our dedicated team of dental professionals provided free check-ups, X-rays, and proper advice to each individual. To support their long-term oral hygiene, all patients were also given essential medicines and toothpaste at no cost.

This event was a testament to our focus on proactive healthcare and disease prevention. By providing these vital services, we not only helped individuals address immediate dental concerns but also educated them on the importance of sanitation and regular check-ups. The camp's success highlights the impact of accessible health services in building a healthier, more informed community.





"Caring for Minds, Building Resilient Lives"

★ "Empowering Society Through Psychological Insights"



Overview:

On 20th July 2024, Cosmos Youth Club Charitable Trust organized a special awareness session led by the institute's psychologist, Mrs. Renu Gehlot Roy. The session aimed to sensitize the community about the importance of mental health, emotional well-being, and social harmony.

Key Highlights:

- Mrs. Roy shared her professional insights on stress management, positive parenting, and the need for open dialogue around psychological health.
- The talk emphasized that mental health is as vital as physical health, and communities must adopt healthy coping mechanisms to face challenges.
- Participants, including youth and women, actively interacted with the psychologist and discussed personal concerns.



"Healthy Minds, Stronger Communities"



Impact:

- Strengthened community awareness on psychological well-being.
- Encouraged families to prioritize mental health and seek guidance without hesitation.
- Created a safe and supportive environment for dialogue on social and personal issues.

Tagline Suggestion:



★ "Healthy Minds, Stronger Communities"

In her insightful address, Mrs. Roy emphasized the significance of mental health as an essential component of overall development. She highlighted practical approaches to stress management, emotional balance, and family harmony.

The session not only raised awareness about the importance of mental well-being but also encouraged participants to embrace open dialogue and seek timely support when needed, thereby strengthening the community's resilience.

"Breaking Barriers, Building Mental Strength"

मन और भावों का नियंत्रण करना एक कला है, इसका मतलब है कि हम अपने भावों को नियंत्रित कर सकते हैं। (यह लेखक के निजी विचार हैं)

हम अपनी ही दुनिया में खोए रहने का मर्ज

हमें एक महीना को देखा, जिसमें एक विस्फोट का पैटर्न सड़क के किनारे बड़े एक व्यक्ति को दिया, जो कि पेटे, पीने, खड़े काई पाने, खड़े-खड़े खड़े पाने, एक सड़क में बैठा हुआ कुछ चुन रहा था। उसने विस्फोट का ध्यान भी नहीं दिया और उस कर फला गया। वह महीना अत्यंत से गुलाबी था, क्योंकि देखने से ही मनोवैज्ञानिक या मनोवैज्ञानिकों को हमारी से बोल रहा था। जो एक मानसिक रोग है, मैं तो समझ चुकी थी, क्योंकि मैं एक सेल में रह रही थी, लेकिन अगर लोग भी अगर दिन ऐसे मरने देखें हैं, जो रातों पर, मीटर, फ्लैट्स पर, अपने आपमें खुदकुत्त, अपने आप में होना, जीवन के कारगरिकता से दूर, अपनी ही दुनिया में खोए रहने से मरने ऐसे अगर दिन हमें देखने को मिलते हैं, आप उन्हें पालन समझ कर एक सड़क से निकल जाते हैं। यह सच है कि यह पालन है, जिसे मनोवैज्ञानिक कहते हैं।

ज्यादातर वह बीमारी युवाओं को प्रभावित करती है। इस बीमारी में मरीज अपने आप में खोया रहता है। उसे करने में अतीव को आवाज आती है, जो ओरो को नहीं सुनाई देती। अपने आप से खोने लगता, अपने आप से ही हलते रहता, दैनिक दिनचर्या का ध्यान बिल्कुल नहीं रहता, मीटर नहीं आता, कारगरिकता से दूर रहता, सड़क करवा कुछ लोगों को धोते करते देखकर मरीज को लगता है कि वे उसके बारे में बात कर रहे हैं। पति का पत्नी के खीर पर रात करवा या पत्नी का पति के खीर पर रात करवा, खाद्य पदार्थों पर भी सेंसर करवा कि इसमें जरूर मिलवा गया है। ऐसे व्यक्ति को देखना जो सिर्फ खोई देख पा रहा है, बाकी और लोग नहीं देख पाते। समाज से एकदम कर जाता है ऐसा व्यक्ति, अत्यंत अकेलापन के कारण अत्यंत को भी संकोच है, यदि ऐसे लक्षण व्यक्ति में एक महीने से अधिक आते हैं या महसूस होते हैं तो मर्जीबिस्फोट रोग है। इस रोगके लक्षणों को कई प्रकार होते हैं, जैसे पैरानोइड सिंड्रोम, कैटॉनिक, मित्र सिंड्रोम, या बीमारी अनुवर्धित होती है, जब रोग के परिवार में उसके माता के पक्ष या पिता के पक्ष में किसी को रक्त संबंधी संबंधों में यदि किसी प्रकार की मानसिक बीमारी हुई है तो रोग को होने की संभावना बढ़ जाती है। इन में कमिशन या न्यूट्रोमिटर का भी इसमें प्रभाव पड़ता है। इसके अलावा मनोवैज्ञानिक कारण भी होते हैं जैसे अत्यंत कम, अत्यंत से रहती रहता, बीमारी दूर जाना, परिवार में किसी दिन व्यक्ति को मृत्यु हो जाना, परिवार का

Community Awareness Programme

On 20th July 2024, the Cosmos Youth Club Charitable Trust convened a special community awareness session led by the institute's psychologist, Mrs. Renu Gehlot Roy. The program was designed to engage local residents and provide them with professional guidance on issues that affect individual and collective well-being.



Her talk focused on topics relevant to the challenges faced by marginalized communities, including stress management, fostering positive relationships, and building resilience. This initiative underscores the Trust's holistic approach to development, recognizing that mental health is just as crucial as physical health and education. The session provided a safe space for community members to engage with a professional, helping to destigmatize mental health discussions and promote a culture of self-care and support.



हमारे मुद्दों को प्रमुखता से उठाता है: सुप्रियो



बंगाली युवा मंच के संस्थापक और समुदाय के केंद्रीय महासचिव सह प्रभात खबर बंगाली समाज के विभिन्न मुद्दों को हमेशा से जगह देता रहा है, वार्षिक अनुदान में विशेषांक निकालकर समाज के बीच सकारात्मक संदेश देने की पहल की जाती है, लोग अखबार में खबरें पढ़कर ही सामाजिक कार्यों के लिए एकजुट होते हैं, दुर्गा त्योहार और बंगला नववर्ष के आयोजनों की बेहतरीन रिपोर्टिंग देखिती है, राजनीतिक मुद्दों को भी स्तुलित अंदाज में पेश किया जाता है,

कॉसमॉस क्लब को बड़ा बनाया: देबाशीष राय



कॉसमॉस क्लब के संस्थापक एवं संस्थापक देबाशीष राय कहते हैं : प्रभात खबर हिंदी पत्रकारिता का मजबूत स्तंभ है, लोग इस अखबार में प्रकाशित होनेवाली खबरों पर विश्वास करते हैं, खबरों की चर्चा न केवल प्रशासनिक स्तर पर बल्कि सामाजिक संगठनों में भी होती है, कॉसमॉस क्लब 1981 में अस्तित्व में आया, लेकिन क्लब को प्रभात खबर ने ही बड़ा बनाया, क्लब की गतिविधियों को अखबार में जगह मिली, तो लोग जुड़ते गये,

कोरोना काल में किया मिलकर काम: कौशिक



कॉसमॉस क्लब के अध्यक्ष कौशिक चक्रवर्ती ने कहा कि प्रभात खबर को बचाने से ही अपने घर में पाया है, उम्र के साथ अखबार की प्रगति को महसूस किया है, बंगाली समाज की हर खबर को प्रभात खबर में जगह दी जाती है, कई ऐसे मौकों भी होते हैं, जिसकी जानकारी हमें नहीं होती, उन पर विस्तृत रिपोर्ट का प्रकाशन किया जाता है, इन्हें देख इंसो पढ़ने को लतक बढ़ जाती है, कोरोना काल में क्लब और अखबार ने मिलकर कई कार्यक्रम किये,

8 August 2024 The organization expressed gratitude to the print media Prabhat Khabar Hindi daily magazine Ranchi for promoting culture and social tradition in the society.

Har Ghar Tiranga Abhiyan – Patriotic Awareness Program

- Date: 14th August 2024
- Venue: Balika Shiksha Bhawan High School, Lalpur, Ranchi
- Organized by: Cosmos Youth Club Charitable Trust

Our Overview:

As part of the nationwide Har Ghar Tiranga Abhiyan, Cosmos Youth Club Charitable Trust organized a special awareness program on 14th August 2024 at Balika Shiksha Bhawan High School, Ranchi. The initiative aimed to instill a deep sense of patriotism, enthusiasm, and respect for the tricolor among school children.

Enhanced awareness among students about the values of unity and national pride.
Strengthened emotional connection of young learners with the Tiranga.
Encouraged the spirit of responsible citizenship from an early age.



78th Independence Day Celebration

Date: 15th August 2024

Venue: Cosmos Club Premises

Special Guest: Dr. S.K. Bhattacharya, Senior & Renowned Homeopathic Doctor of the Institution

On 15th August 2024, Cosmos Youth Club Charitable Trust proudly celebrated the 78th Independence Day at its club premises, continuing its tradition of honoring the nation's freedom every year.

Program Details:

The ceremony commenced with the unfurling of the national flag by Dr. S.K. Bhattacharya, a senior and respected homeopathic doctor associated with the institution. The event was marked by patriotic songs, speeches, and enthusiastic participation from children, youth, and community members.



Impact & Significance:

Strengthened the spirit of patriotism and unity among participants.
Inspired young minds to uphold the values of freedom and responsibility.
Reinforced the Trust's commitment to national pride and community togetherness.

“অতীতকে সম্মান, ভবিষ্যৎকে নির্মাণ”

“Celebrating Freedom
Inspiring Generations”



কॉसमॉस यूथ क्लब चैरिटेबल ट्रस्ट, लालपुर में स्वतंत्रता दिवस मनाया गया. वरिष्ठ होम्योपैथी डॉ. एसके भट्टाचार्य ने ध्वजारोहण किया. छोटे बच्चों, महिला सदस्यों और राहगीरों के बीच मिठाइयां बांटी गयी. मौके पर देवाशीष राय, कौशिक चक्रवर्ती आदि मौजूद थे.

Date: 18th August 2024

Venue: Parijat Dharamsala, Circular Road, Lalpur, Ranchi

Collaboration: Shelby Divine Hospital

Organized by: Cosmos Youth Club Charitable Trust



On 18th August 2024, Cosmos Youth Club Charitable Trust, in collaboration with Shelby Divine Hospital, organized a Free Health Check-up Camp at Parijat Dharamsala, Ranchi. The camp aimed to provide accessible healthcare services to marginalized communities, ensuring timely diagnosis and treatment.



“Healthcare for All, Hope for All”

Program Highlights:

- A total of 86 patients underwent medical check-ups.
- Specialized consultations were provided for orthopedic and general health problems.
- Routine health screening, including blood pressure (BP) and diabetes tests, was conducted.
- Free medicines were distributed to patients as prescribed by doctors.



Impact & Significance:

Beneficiaries received much-needed medical attention at no cost. The camp promoted awareness about preventive healthcare in the local community. Encouraged the habit of regular health monitoring among vulnerable sections. Inspired the Trust to continue organizing such camps on a regular basis in the future.



☀️ Foundation Stone Laying Ceremony – A Step Towards Progress

"ভবিষ্যত গড়ার ভিত্তি স্থাপন"



22nd August 2024 was a memorable day for the Cosmos Youth Club Charitable Trust. The Trust took a significant step in fulfilling its social responsibility by laying the foundation stone for a new shedding at LEBB High School.

The ceremony was graced by Hon'ble Rajya Sabha MP, Smt. Mahua Manjhi, who inaugurated the event as the Chief Guest. She appreciated the initiative and emphasized that the development of education is only possible when we strengthen the school infrastructure.

Students, school staff, community members, and Trust representatives participated in large numbers. The event was not just a foundation stone laying—it symbolized the beginning of a brighter and safer learning environment for children.



✨ CONCLUSION REPORT

- **Objective:** To provide students with safe and enhanced infrastructure facilities.
- **Significance:** The new shedding will improve the learning environment and overall school experience.
- **Impact:** The project will benefit both students and the wider community in the coming years.
- **Message:** Small steps in infrastructure development pave the way for long-term positive change.

"Strong
Foundations

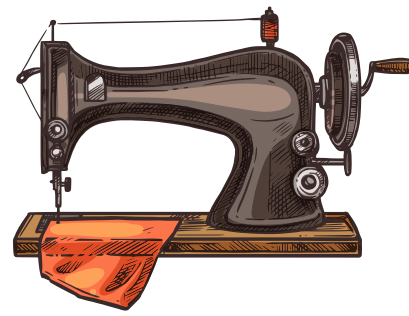
Brighter
Futures"

"মজবুত ভিত্তি
উজ্জ্বল
ভবিষ্যৎ"



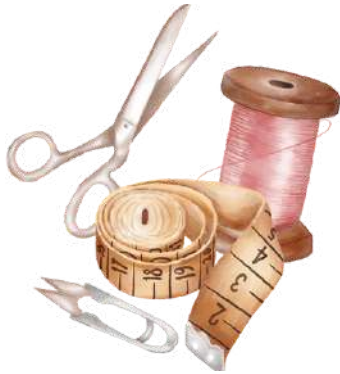
Sewing Machine Training - Empowering Women

"Learn a Craft, Build a Future"



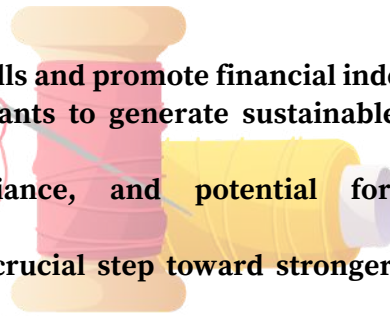
On 29th August 2024, Cosmos Youth Club Charitable Trust conducted a Sewing Machine Training Program at the Club premises to empower economically weaker women. The initiative aimed to equip participants with practical tailoring skills, enabling them to become self-reliant and pursue income-generating opportunities.

Women from marginalized backgrounds actively participated, learning techniques in stitching, fabric handling, and basic tailoring. The program also focused on boosting confidence and fostering entrepreneurial thinking, helping participants envision independent and sustainable futures.



★ Conclusion Report

- **Objective:** To provide women with vocational skills and promote financial independence.
- **Significance:** Skill development allows participants to generate sustainable income and improve livelihoods.
- **Impact:** Women gain confidence, self-reliance, and potential for small-scale entrepreneurship.
- **Message:** Empowering women with skills is a crucial step toward stronger families and resilient communities.



💪 “सक्षम
महिला =
मजबूत
परिवार ❤️”

“हुनर सीखो
भविष्य
बनाओ”



"Clothing the Needy, Spreading Care

✦ "Cloth Bank: जरूरतमंदों के लिए सहारा"

On 31st August 2024, Cosmos Youth Club Charitable Trust carried out a Cloth Distribution Drive, providing 350 garments to underprivileged and helpless members of the community. The initiative aimed to address immediate clothing needs and bring comfort and dignity to those facing hardship.

The Trust's Cloth Bank continues to serve as a vital resource for the poor, ensuring that basic necessities are met and promoting social welfare in the community.



🧵 "जरूरतमंदों के लिए 🧥 राहत और स्नेह"

The distribution was conducted with care and dignity, ensuring that each beneficiary received assistance personally. The Trust's Cloth Bank played a pivotal role in this initiative, functioning as a sustainable resource that continues to provide relief to underprivileged individuals throughout the year. Volunteers and staff members worked tirelessly to organize the event, coordinate logistics, and ensure smooth delivery of clothes to those in need.

This initiative not only addressed immediate necessities but also reinforced the Trust's commitment to social welfare and community development. By meeting essential needs, the drive helped reduce seasonal hardship and provided a sense of comfort and security to families struggling with poverty.





This initiative not only addressed immediate necessities but also reinforced the Trust's commitment to social welfare and community development. By meeting essential needs, the drive helped reduce seasonal hardship and provided a sense of comfort and security to families struggling with poverty.

The Cloth Distribution Drive reflects the Trust's philosophy that even small acts of kindness can have a significant impact on the lives of vulnerable populations. It strengthens community bonds, promotes social responsibility, and inspires others to contribute toward the welfare of those less fortunate.

The initiative reinforced the importance of sustainable community support through the Trust's Cloth Bank, highlighting how structured and compassionate interventions can make a tangible difference in people's lives. It strengthened community bonds, encouraged social responsibility, and inspired both volunteers and the wider community to actively participate in welfare activities. Ultimately, the drive reflects the Trust's guiding philosophy: even small acts of kindness can create significant positive impact, paving the way for a more compassionate, inclusive, and empowered society.



ISMA State Karate Championship 2024



On 1st September 2024, the 25th ISMA State Karate Championship 2024 was held at Tana Bhagat Indoor Stadium, Ranchi, bringing together young martial arts enthusiasts from across the state. Cosmos Youth Club Charitable Trust proudly participated in this prestigious event, with several of its Karate students showcasing their skill, discipline, and dedication.

The competition provided a platform for children and youth to demonstrate their proficiency in martial arts, build confidence, and learn the value of sportsmanship. Students from Cosmos Club performed remarkably, reflecting the Trust's commitment to holistic development that combines physical fitness, mental discipline, and personal growth.

Through such participation, the Trust aims to encourage children to embrace healthy activities, develop resilience, and nurture their talents, creating avenues for self-confidence and achievement in competitive arenas. The event also strengthened community engagement, as parents, trainers, and supporters cheered the young participants, fostering a sense of pride and motivation.



Impact

- **Objective:** Promote physical fitness, discipline, and confidence among children through martial arts.
- **Significance:** Participation in state-level competitions enhances skill, self-esteem, and competitive spirit.
- **Impact:** Children gained experience, motivation, and exposure to higher-level competitions.
- **Message:** Encouraging extracurricular and sporting activities is vital for holistic growth and youth empowerment.

"শৃঙ্খলা,

স্বপ্নের পথ"

পরিশ্রম এবং

Teachers' Day Celebration by Sewing Class Students



On 4th September 2024, the students of the sewing training class came together to celebrate Teachers' Day in advance as a gesture of love and respect towards their instructor. The celebration included a cake-cutting ceremony, where students joyfully participated and expressed their heartfelt gratitude.

During the event, the students shared their experiences of learning and acknowledged the teacher's dedication in imparting skills that empower them to become self-reliant. The atmosphere was filled with respect, affection, and a sense of unity.

This simple yet meaningful celebration reflected the strong bond between teacher and students, highlighting the values of respect, gratitude, and mutual growth that the Trust continues to encourage through its educational and vocational training programs.



Conclusion:

The advance celebration of Teachers' Day by the sewing class students was more than just an event; it was a heartfelt acknowledgment of the teacher's role in shaping their journey towards self-reliance. Such occasions not only strengthen the teacher-student bond but also inspire continued dedication to learning and skill development. The Trust remains committed to fostering this spirit of respect, gratitude, and empowerment in all its initiatives.



St. Michael's Blind School



Visit to St. Michael's Blind School, Ranchi

Date: 2nd October 2024

On the auspicious occasion of the birthday of the organization's female member, Mrs. Veena Shree, the Trust organized a special outreach activity at St. Michael's Blind School, Bahu Bazar, Ranchi. The purpose of the visit was to share joy and celebrate the day in a meaningful way with children who often face challenges in their daily lives. As part of the celebration, breakfast and refreshments were distributed among all the children, ensuring that each child felt cared for and included. Along with food, the team also spread warmth, happiness, and a sense of togetherness, making the children feel valued and loved.



The event was not only a personal celebration but also a reflection of the Trust's values of compassion, service, and inclusivity. Mrs. Veena Shree, along with other members of the organization, interacted with the children, encouraging them with words of motivation and affection.

The smiles and joy on the faces of the children made the occasion memorable and reinforced the importance of celebrating personal milestones through acts of kindness and social responsibility.

Impact:

- Strengthened the bond between the organization and the community it serves.
- Created a joyful environment for visually impaired children.
- Set an example of celebrating personal occasions through service-oriented activities.

Awareness Session on Mental Health

Awareness Session on Mental Health

Date: 5th October 2024

On 5th October 2024, the organization conducted an important awareness session focused on mental health and well-being. The session was led by the institute's clinical psychologist, Mrs. Renu Gahalout Roy, who delivered a valuable message to society on the importance of psychological resilience and positive living.



During her address, Mrs. Roy emphasized key aspects of mental health, including:

- Building self-esteem to develop confidence and self-worth.
- Reducing anxiety through awareness, acceptance, and healthy coping strategies.
- Strengthening oneself to match others, highlighting the importance of self-growth without comparison.
- Uplifting society and the community by promoting mental well-being, empathy, and collective support.

The session was insightful and impactful, aiming to break the stigma around mental health while encouraging individuals to focus on inner strength and community care. By addressing practical issues such as self-esteem and anxiety, the program contributed to both personal empowerment and broader social awareness.

Impact:

- Enhanced community understanding of mental health.
- Encouraged individuals to prioritize psychological well-being.

Hearse Service for the Community



On 7th October 2024, the organization extended its social service initiatives by providing a hearse facility in Ranchi and the surrounding areas.

This service was introduced with the aim of supporting families during one of the most difficult times of life—bidding farewell to their loved ones. The organization recognized the challenges faced by economically weaker sections in arranging dignified transportation for the deceased and, therefore, stepped forward to fill this gap.



**Contact for
Mortuary Van**



अंतिम यात्रा वाहन
के लिए सम्पर्क करें
9905503997, 9472789988
COSMOS YOUTH CLUB CHARITABLE TRUST

The hearse service ensures:

- Affordable and accessible transportation for the deceased.
- Respectful and dignified support to grieving families.
- Coverage not only in Ranchi but also nearby regions, ensuring wider community benefit.

By offering this essential service, the organization reaffirmed its commitment to serving society with compassion and empathy, standing beside people in moments of grief and need.

Impact:

- Provided relief to families facing financial and logistical challenges.
- Promoted dignity and respect in last rites.
- Strengthened the Trust's role in community welfare and social responsibility.

Maa Kali Puja Celebration

Date: 6th November 2024



The organization and community members have been devotedly worshipping Maa Kali since the year 1981. Continuing this tradition, a grand celebration was held on 6th November 2024, marked by spiritual fervor and cultural significance.

Every year, a pandal is constructed for the occasion, and this year's structure was especially majestic, standing 60 feet high and 45 feet wide, making it one of the most remarkable attractions of the celebration. The beautifully decorated pandal created an atmosphere of devotion and unity, drawing participants and visitors in large numbers.



As part of the program, the souvenir of the committee was also released, highlighting the history, activities, and contributions of the puja committee and the Trust. The event was not only a religious gathering but also a symbol of community harmony and collective faith.

The celebration reflected the organization's long-standing tradition of devotion, cultural preservation, and commitment to bringing people together in the spirit of spirituality and service.

Impact:

- Strengthened community bonds through collective worship.
- Preserved and promoted cultural and religious heritage.
- Inspired devotion and unity among participants.

Jai Maa Mahakali 🙏

Workshop on Students' Counseling and Mental Health Awareness



On 30th November 2024 (Saturday), the organization successfully conducted the seventh phase workshop on the topic:

“Students’ Counseling on Mental Health Problems in Children.”

The session was organized at Parasnath Public School, Hazam, Ranchi-3, and was facilitated by Mrs. Renu Gehlot, Clinical Psychologist of the institute.



The workshop aimed to:

- Raise awareness among students about common mental health problems in children.
- Eradicate stereotypes and misconceptions related to psychological issues.
- Encourage students to openly discuss their concerns and adopt healthier coping strategies.

Mrs. Gehlot highlighted important aspects such as stress management, overcoming fear of failure, peer pressure, self-esteem, and emotional well-being. The interactive format of the workshop allowed students to share their experiences and receive guidance.

In addition to this workshop, the organization continues to provide free mental health counseling services every Saturday at Cosmos Youth Club, ensuring sustained support for children and their families.

Impact:

- Enhanced student awareness of mental health issues.
- Reduced stigma and stereotypes surrounding counseling.
- Extended the Trust’s mission of promoting holistic well-being in schools and communities.

Free Medical Camp on National Energy Conservation Day



On the occasion of National Energy Conservation Day, the organization, in collaboration with Medanta Hospital, organized a free medical camp under the joint aegis of the Trust.

A team of specialist doctors from Medanta Hospital conducted thorough health check-ups of more than 96 patients belonging to underprivileged sections of society. Each patient received individual attention, and after the examinations, doctors provided them with appropriate medical advice and guidance for better health management.

The camp not only addressed immediate health concerns but also spread awareness on the importance of regular medical check-ups and preventive healthcare.



Impact:

- Delivered quality healthcare services to 96+ beneficiaries free of cost.
- Provided access to specialist doctors otherwise unavailable to marginalized groups.
- Raised awareness about preventive health practices in the community.
- Strengthened trust between the community and the organization.

Conclusion:

The medical camp was a meaningful step toward ensuring better health for the underprivileged. It not only addressed short-term health needs but also emphasized the importance of long-term well-being. The active participation of Medanta Hospital's doctors showcased the power of collaboration between medical institutions and social organizations.

Future Vision:

The organization envisions expanding such initiatives by:

Organizing regular medical camps in rural and urban slum areas.

Focusing on specialized camps for women, children, and the elderly.

Building partnerships with more hospitals and healthcare professionals.

Integrating health awareness sessions on lifestyle diseases, nutrition, and mental health.

Through these efforts, the Trust aims to ensure that healthcare becomes accessible, affordable, and continuous for every section of society.

Recognition by Medanta Hospital



On 14th December 2024, our Charitable Trust was honoured by Medanta Hospital, Ranchi during the prestigious event “Medanta Connect & Care – Empowering Lives, Enriching Communities.”

This recognition was a reflection of the Trust’s continuous efforts in the field of social welfare, healthcare, and community development. The collaboration with Medanta Hospital has not only enhanced the reach of medical services but has also strengthened the commitment to serve marginalized and deprived sections of society.



Impact:

- Acknowledged the Trust’s dedication and contribution towards community health and welfare.
- Strengthened credibility and recognition at an institutional level.
- Motivated the team and volunteers to continue working with greater passion.

Conclusion:

Being honoured by Medanta Hospital highlighted the significance of the Trust’s ongoing initiatives. It reaffirmed that consistent efforts in social service are recognized and valued, encouraging us to continue creating meaningful change in society.

Future Vision:

- To further deepen partnerships with reputed hospitals and institutions for wider community benefit.
- To scale up healthcare initiatives, especially free medical camps and awareness programs.
- To use this recognition as inspiration for launching innovative health and social projects that reach more people in need.

Free Blood Test Camp on Vallabhbhai Patel's Death Anniversary



On the occasion of the death anniversary of Sardar Vallabhbhai Patel, the Trust organized a free blood test camp dedicated to the health and well-being of underprivileged members of society.

The camp provided free diagnostic tests for:

- Thyroid
- Uric Acid
- Fasting Blood Sugar
- HbA1c (Diabetes marker)

A total of 63 people availed themselves of the free testing services. After the tests, General Physician Dr. Sujit Kumar personally consulted with the participants and gave them appropriate medical advice based on their reports.

The initiative not only addressed immediate health concerns but also raised awareness about the importance of early detection and preventive healthcare.



Impact:

- Benefited 63 individuals from marginalized communities with free testing.
- Enabled early detection of lifestyle-related health problems such as diabetes and thyroid.
- Offered personalized medical guidance to every participant.
- Promoted community awareness about preventive health measures.

Conclusion:

The blood test camp was a meaningful tribute to Sardar Vallabhbhai Patel, reflecting his vision of serving the nation through community welfare. By combining free diagnostic services with medical advice, the Trust addressed both diagnosis and awareness, ensuring holistic impact.

Future Vision:

- To organize regular diagnostic camps focusing on lifestyle and non-communicable diseases.
- To collaborate with more doctors and diagnostic labs for better reach.
- To expand the scope by adding eye check-ups, blood pressure monitoring, and anemia testing in future camps.
- To create a structured community health database for continuous follow-up and care.

Free Thyroid Blood Test Camp & Consultation



On Sunday morning, 5th January 2025, the Trust organized a free thyroid blood test camp (T3, T4 & TSH) at Cosmos Youth Club. The initiative was supported and guided by Dr. Sujeet Kumar Singh (MD Medicine), who also provided medical consultation to all the participants.

The camp was aimed at helping individuals detect thyroid-related disorders early and gain proper guidance on managing their health. Along with the tests, beneficiaries received personal advice from Dr. Singh, ensuring they were aware of the next steps for treatment or preventive care.



Impact:

- Provided free thyroid testing (T3, T4 & TSH) to underprivileged individuals.
- Ensured participants received specialist medical consultation at no cost.
- Raised awareness about the importance of thyroid health and early diagnosis.
- Strengthened trust within the community through accessible healthcare services.

Conclusion:

The camp addressed a crucial health concern that often goes undetected due to lack of awareness and financial constraints. By combining diagnostic services with consultation, the Trust helped beneficiaries not only identify health issues but also understand how to manage them effectively.

Vision:

To organize regular thyroid and lifestyle disease detection camps in urban and rural areas.

To expand diagnostic facilities to cover diabetes, hypertension, anemia, and vitamin deficiencies.

To maintain a follow-up system for patients tested in such camps to ensure continuity of care.

To collaborate with more medical professionals and institutions for comprehensive health initiatives.

The 128th Birth Anniversary of Netaji Subhas Chandra Bose

The 23rd of January was observed with deep pride and enthusiasm by Cosmos Youth Club, as the day marked two milestones — the 128th Birth Anniversary of Netaji Subhas Chandra Bose and the 45th Foundation Day of the Club.

The celebrations began with paying tribute to Netaji, whose courage and leadership continue to inspire generations. His ideals of patriotism and sacrifice were remembered with great reverence. The gathering then shifted focus to the Club's own journey, reflecting on its 45 years of dedicated service, community engagement, and achievements since its establishment.

The dual celebration created a powerful sense of unity among members, reminding everyone of the values of courage, service, and national pride that form the foundation of the organization.



Future Vision:

Looking ahead, the Club plans to:

Continue celebrating national icons as a way to inspire social responsibility.

Enrich Foundation Day events with youth leadership workshops, cultural programmes, and community outreach.

Carry forward its legacy of service, empowerment, and nation-building with renewed enthusiasm.

Conclusion:

This day was not only a commemoration of Netaji's legacy but also a moment of reflection on the Club's progress and contribution to society over the last 45 years.

Impact:

- Inspired youth and community members by remembering Netaji's ideals.
- Strengthened organizational identity and collective pride on the Club's foundation day.
- Brought together members and well-wishers in a spirit of unity and patriotism.



कौसमौस यूथ क्लब में नेताजी जयंती



कौसमौस यूथ क्लब में गुरुवार को नेताजी की 128वीं जयंती और क्लब का 45वां स्थापना दिवस मनाया गया। संस्था के मुख्य संरक्षक सुप्रियो भट्टाचार्य ने क्लब परिसर में झंडोतोलन किया। बच्चों और राहगीरों के बीच केक काटा गया और लड्डू वितरण किया गया।



रांची। कौसमौस यूथ क्लब में गुरुवार को नेताजी सुभाष चंद्र बोस की जयंती मनाई गई। मौके पर क्लब का 45वां स्थापना दिवस भी मनाया गया। क्लब परिसर में संस्था के मुख्य संरक्षक सुप्रियो भट्टाचार्य ने ध्वजारोहण कर कार्यक्रम की शुरुआत की। क्लब के सदस्यों ने बच्चों के साथ केक काटा और लड्डू का वितरण किया।



नेताजी की 128वीं जयंती और क्लब की 45वां स्थापना दिवस मना रांची। पराक्रम दिवस के रूप में गुरुवार को स्वतंत्रता संग्राम सेनानी जिन्होंने देश को अंग्रेजों की गुलामी से आजाद कराने में अहम भूमिका निभाई, नेताजी सुभाष चंद्र बोस की 128 वीं जयंती और कौसमौस युथ क्लब की 45वां स्थापना दिवस के उपलक्ष्य में क्लब परिसर में संस्था के मुख्य संरक्षक सुप्रियो भट्टाचार्य द्वारा सुबह 11:00 बजे ध्वजोत्तोलन किया गया एवं बच्चों और उपस्थित राहगीरों के बीच क्लब के जन्मदिवस के उपलक्ष्य में केक काटा और लड्डू वितरण किया गया। सभी सदस्यों ने ध्वजोत्तोलन में सलामी दिया। 23 जनवरी का दिन हम सभी के लिए एक ऐतिहासिक और गौरवपूर्ण दिन है।

76th Republic Day Celebration

On 26th January 2025, Cosmos Youth Club Charitable Trust, Lalpur celebrated the 76th Republic Day at the Club premises, continuing its annual tradition of honoring the nation.

The event began with the hoisting of the national flag, followed by patriotic songs and expressions of respect for the Constitution of India. Members, volunteers, and attendees gathered to commemorate the spirit of democracy, unity, and progress that Republic Day represents.



The celebration served as a reminder of the rights, duties, and responsibilities of every citizen and highlighted the Trust's commitment to fostering patriotism and social awareness among its members and the community.

Conclusion:

The Republic Day celebration reinforced national pride and unity among the Trust's members. It served as a moment to reflect on India's democratic values while inspiring the younger generation to contribute positively to society.

Impact:

Promoted awareness of the Constitution and democratic values.

Strengthened community engagement and participation in national events.

Fostered a sense of patriotism and collective pride among members and volunteers.

Future Vision:

To continue organizing annual Republic Day events with increasing participation and engagement.

To include educational programs, awareness campaigns, and youth activities alongside the celebrations.

To further strengthen the Trust's role in promoting national values, civic responsibility, and community unity.

Bharat Mata Ki Jai! 

Workshop on Stress Management for Students



Workshop on Stress Management for Students

Date: 1st February 2025

On 1st February 2025, the institute's clinical psychologist, Mrs. Renu Gehlot Roy, conducted a workshop on stress management for students at Balika Shiksha Bhavan High School, Lalpur. The program was designed to help children understand and manage the stress commonly experienced during exam periods.

During the session, Mrs. Roy:

Explained the problems faced by children during studies, including academic pressure and behavioral challenges.

Provided guidance on ways to reduce stress, improve focus, and maintain emotional balance.

Encouraged students to share their individual concerns, offering practical solutions for each.

Briefed the students on techniques to stay calm and confident during examinations.

The interactive session allowed children to openly discuss their difficulties, and they left with practical strategies and coping mechanisms to manage exam-related stress effectively.



परीक्षा के दौरान तनाव पर कार्यशाला आयोजित



हफ्ता भरित
पढ़ाई के दौरान होने वाली समस्या तथा व्यवहारिक समस्याओं का भी समाधान किया गया। बच्चों ने अपनी सभी समस्याओं को शेयर किया तथा उसका समाधान भी पाया।
कठिनाईपूर्ण के सचिव डॉ. कमल शर्मा ने बहुत आधार व्यक्त करते हुए कहा कि हमारे विद्यालय में बच्चों को ही नहीं शिक्षकों को भी मनोवैज्ञानिक कार्यशाला की आवश्यकता है क्योंकि सबसे अधिक समय शिक्षक बच्चों के करीब रहते हैं। उन्होंने संस्था से आग्रह किया कि वह इस कार्यक्रम को भी गिनता जल्द हो सके किताब जाए।

कॉस्मॉस यूथ क्लब ने विद्यार्थियों के लिए किया कार्यशाला का आयोजन



पंच संवाददाता रांची। कॉस्मॉस यूथ क्लब चैरिटेबल ट्रस्ट के तत्वाधान में लालपुर स्थित बालिका शिक्षा भवन हाई स्कूल में विषय परीक्षा के दौरान तनाव प्रबंधन पर कक्षा दसवीं के बच्चों के लिए कार्यशाला आयोजित की गई। इसमें संस्था की नैदानिक मनोविज्ञानी रेनु गहलोत राय मुख्य वक्ता के रूप में बच्चों का संवादात्मक सत्र लिया। बच्चों को विस्तार से उन्होंने बताया कि किस तरह परीक्षा के दौरान कैसे तनाव से दूर रहे, तनाव को कम करने के बहुत से उपाय बताए। बच्चों की पढ़ाई के दौरान होने वाली समस्या तथा व्यवहारिक समस्याओं का भी समाधान किया गया बच्चों ने अपनी सभी समस्याओं को शेयर किया तथा उसका समाधान भी पाया।



लालपुर स्थित बालिका शिक्षा भवन हाईस्कूल में परीक्षा के दौरान तनाव प्रबंधन पर कक्षा दसवीं के बच्चों के लिए कार्यशाला आयोजित की गई।

बच्चों को तनाव से दूर रहने के बताए उपाय

कसमस ईयूथ क्लब के उद्घाटन में मानसिक चाप बावस्थापना विषयक एक कर्मशाला आयोजित



शनिवार कसमस ईयूथ क्लब चैरिटेबल ट्रस्ट के उद्घाटन में लालपुर स्थित बालिका शिक्षा भवन हाई स्कूल में विषय परीक्षा के दौरान तनाव प्रबंधन पर कक्षा दसवीं के बच्चों के लिए कार्यशाला आयोजित की गई। इसमें संस्था की नैदानिक मनोविज्ञानी रेनु गहलोत राय मुख्य वक्ता के रूप में बच्चों का संवादात्मक सत्र लिया। बच्चों को विस्तार से उन्होंने बताया कि किस तरह परीक्षा के दौरान कैसे तनाव से दूर रहे, तनाव को कम करने के बहुत से उपाय बताए। बच्चों की पढ़ाई के दौरान होने वाली समस्या तथा व्यवहारिक समस्याओं का भी समाधान किया गया बच्चों ने अपनी सभी समस्याओं को शेयर किया तथा उसका समाधान भी पाया।



Cosmos Youth Club Excels at 3rd Inter Dojo Karate Demonstration Championship 2025



On 2nd February 2025, Cosmos Youth Club, Ranchi participated in the 3rd Inter Dojo Karate Demonstration Championship 2025. The club was represented by two dedicated karate students who showcased their skills in various categories during the championship.

The participants achieved outstanding results:

- Student 1: 1 Gold Medal + Certificate
- Student 2: 1 Gold Medal + 2 Silver Medals + Certificates

Their success demonstrated the high level of training, discipline, and dedication instilled by Cosmos Youth Club's coaching programs.



Impact, Conclusion & Future Vision:



Impact:

- Brought recognition to Cosmos Youth Club at a city-level sports event.
- Encouraged youth participation in martial arts and fitness activities.
- Boosted morale and confidence of students and instructors alike.



Conclusion:

The championship results reflect the club's commitment to nurturing talent, discipline, and physical fitness among its members. The achievements highlight how consistent training and mentorship can lead to excellence in competitive sports.



Future Vision:

To encourage more students to participate in city, state, and national-level martial arts competitions.

To expand karate and self-defense training programs for youth and women.

To organize inter-club competitions to provide members with more exposure and experience.

Basant Panchami Celebration & Sewing Training Certificate Distribution at Cosmos Club



On the occasion of Basant Panchami, the organization performed the worship of Veena Vadini Maa Sharda at the Cosmos Club campus to invoke blessings for knowledge, wisdom, and learning. Following the puja, Bhog Prasad was distributed among all devotees, fostering a sense of community and devotion.

In continuation of the day's celebration, all women who had successfully completed sewing machine training from the institute were felicitated. Certificates of completion were awarded by the outgoing Deputy Mayor of Ranchi, Mr. Sanjeev Vijay Vargiya, along with Dr. Ajita Bhattacharya, recognizing the participants' dedication and skill development.

Impact, Conclusion & Future Vision:

Impact:

- Promoted cultural and spiritual awareness through the Basant Panchami celebration.
- Recognized and encouraged women's participation in vocational training, boosting confidence and skill-building.
- Strengthened community engagement and institutional credibility.

Conclusion:

The event successfully combined spiritual observance with empowerment, highlighting the Trust's commitment to both cultural traditions and practical skill development for women.

Future Vision:

- To continue celebrating cultural and educational festivals while linking them with skill development programs.
- To expand vocational training programs, enabling more women to achieve self-reliance.
- To involve local dignitaries and community leaders in recognizing achievements, promoting awareness and encouragement in society.



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कॉसमॉस क्लब परिसर

कॉसमॉस क्लब परिसर में वीणावादिनी मां शारदे की पूजा हुई. इस अवसर पर संस्था से सिलाई मशीन में प्रशिक्षण प्राप्त सभी महिलाओं को पूर्व डिप्टी मेयर संजीव विजयवर्गीय और डॉ अजिता भट्टाचार्य ने सर्टिफिकेट दिये. इस अवसर पर संस्थापक देवाशीष रॉय, अध्यक्ष कौशिक चक्रवर्ती आदि मौजूद थे.



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मा सरस्वतीर पूजा सम्पन्न हल कसमस क्लाब

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प्राप्तने वीणावादिनी मा शारदे
पूजा के जना एकटि अनुष्ठाने
आयोजन करा हवेहिल एवा
समस्त आचार अनुष्ठाने माधामे
मा सरस्वतीर पूजा सम्पन्न
हवेहिल। एव पारे, भक्तने
माधो प्रथम फल प्रसाद वितरण
करा हय, तारपरे भोग प्रसाद
अर्पण करा हय। परवर्तीकाले,
संस्था थोके सेलाई मेशिनने
प्रशिक्षण प्राप्त समस्त महिलाके
रॉचिर बिदानी डेपुटी मेयर
संजीव विजय वर्गीय एव डॉ



अजिता भट्टाचार्य शसपात्र प्रदान करेहिलेन। ए समय उपस्थित चक्रवर्तीसह सकल पदाधिकारी ओ सनसदस्य।



Clothes Distribution Drive

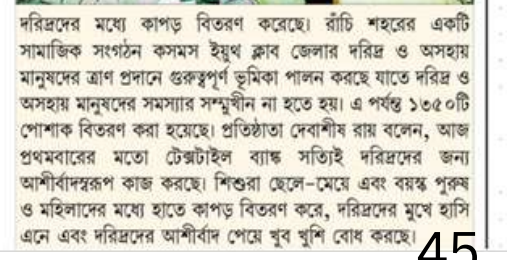
On 1st March 2025, the organization organized a clothes distribution program with the objective of supporting poor and helpless individuals in the community. The activity was planned to bring relief to those who struggle with basic necessities, especially clothing, which is essential for dignity and comfort.

During the program, the organization successfully distributed 1,000 clothes to men, women, and children belonging to marginalized backgrounds. The distribution took place in an organized manner to ensure that every beneficiary received suitable clothing as per their needs. Volunteers and members of the Trust actively participated in the event, assisting in smooth coordination and maintaining a respectful and inclusive environment.

This effort was not just about handing out clothes, but about spreading warmth, care, and hope to people who often feel neglected. Smiles on the faces of the beneficiaries reflected the impact of the initiative.

With this event, the total number of clothes distributed by the organization has reached 1,350. This milestone marks the Trust's continued commitment to community service and its mission of uplifting underprivileged sections of society.

The activity was carried out with the support of community members, well-wishers, and dedicated volunteers, whose contributions made the initiative successful.



International Women's Day Celebration

Date: 9th March 2025



On the occasion of International Women's Day, the organization extended heartfelt congratulations to all the women of the country and celebrated their invaluable contributions to society.

To mark the day, Paras Public School Sai Seva Ashram Trust, under the aegis of Cosmos Youth Club Charitable Trust, organized a special programme dedicated to women's empowerment and family well-being.

A key highlight of the event was a parenting counselling workshop conducted by the institute's clinical psychologist, Mrs. Renu Gehlot Roy, who shared insightful guidance with parents on effective parenting techniques, emotional support for children, and fostering healthy family relationships.



In addition to the workshop, the celebration featured cultural presentations and performances by children, which added joy and vibrancy to the programme. These activities not only showcased the talents of the students but also emphasized the importance of nurturing creativity and confidence in the younger generation.

The event successfully combined awareness, guidance, and celebration, making International Women's Day meaningful for both parents and children.



राष्ट्रीय अंतरराष्ट्रीय महिला दिवस पर कौसमोंस यूथ क्लब पैरेंटिंग ट्रस्ट ने पारस पब्लिक स्कूल में पैरेंटिंग काउंसलिंग पर कार्यशाला आयोजित किया। मनोवैज्ञानिक रेनु गहलोट रॉय ने 300 से अधिक अभिभावकों को आत्म-ज्ञानकारी दी। बच्चों की मनोवैज्ञानिक समस्याओं की पहचान के टिप्स दिये, उसके समाधान बताये, मोबाइल एडिक्शन, खानपान और पढ़ाई की समस्या, याद न रख पाने की समस्या जैसे प्रश्नों के उत्तर भी दिये, विद्यालय के ट्रस्टी अमित लाल और प्रिंसिपल ने धन्यवाद किया।



राष्ट्रीय अंतरराष्ट्रीय महिला दिवस के उपलक्ष्य में कौसमोंस यूथ क्लब पैरेंटिंग ट्रस्ट के संस्थापक पारस पब्लिक स्कूल साई सेवा आश्रम ट्रस्ट रॉय के द्वारा पैरेंटिंग काउंसलिंग पर कार्यशाला आयोजित की गई। जिसमें संस्था की नेटवर्क मनोवैज्ञानिक रेनु गहलोट रॉय की विलेज अतिथि के रूप में उपस्थित किया गया था। कार्यशाला में 300 से अधिक पैरेंट्स मौजूद थे। उन्होंने पैरेंट्स को बच्चों की मनोवैज्ञानिक समस्याओं की पहचान कैसे करें

तथा विभिन्न प्रकार की बच्चों में होने वाली मनोवैज्ञानिक समस्याओं को अभिभावकों के साथ चर्चा किया तथा उसके समाधान भी बताए इसके अलावा मोबाइल एडिक्शन खानपान की समस्या पढ़ाई की समस्या याद न रख पाने की समस्या और भी ऐसे कई प्रश्नों का संशुद्ध पूर्ण उत्तर दिया। महिला दिवस पर कई कार्यक्रमों की आयोजित बच्चों द्वारा दी गई। जिसमें रॉय द्वारा टीचर्स को सम्मानित किया गया। विद्यालय के ट्रस्टी अमित लाल और प्रिंसिपल ने कार्यक्रम के अंत में धन्यवाद ज्ञापन दिया। विद्यालय के कौसमोंस यूथ क्लब पैरेंटिंग ट्रस्ट ने अनेकानेक शिक्षक है की आवश्यकता पड़ने पर और संभव हो विद्यालय में इसे तरह कार्यक्रमों आयोजित करते रहेंगे।



आन्तरजातिक नारी दिवस उपलक्ष्ये कौसमस युव क्लब चारिटेबल ट्रस्ट केर उद्घोषे पारस पब्लिक स्कूल साई सेवा आश्रम ट्रस्ट, राँची कर्तुक एकटी पेरेंटिंग काउंसलिंग बिस्वक कर्मशाला आयोजन करा हय। एहि कर्मशाला प्रतियोगिता क्लिनिकल साइकोलजिस्ट रेनु गेहलोट रायके बिशेष अतिथि हिसेबे आमन्त्रण जानानो हयेलि। कर्मशाला ७०० एरंड रेशि अतिभावक उपस्थित छिलेन। तारा अतिभावकस शिशुस के मानसिक समस्यासुलो चिह्नित करार पद्धति एवंग बिभिन्न धरनेर शिशुस के मथो धाका मानसिक समस्यासुलो निरो आलोचना करेन एवंग सेगुलोर समाधान प्रदान करेन। तारा पाशापाशि मोबाइल एडिक्शन, खाद्याभास के समस्या, पढ़ाई के समस्या

Regular Homeopathy Health Clinic

The Trust is running regular Homeopathy Health Clinic with eminent doctors Anjani Kumar - B.H.M.S(BU) Regd. No: 171/16 of Ranchi in our trust premises till date..



Ongoing Activity – Cosmos Youth Club Charitable Trust

The Trust is operating a regular Homeopathy Health Clinic at its premises, providing accessible and affordable healthcare services to the community. The clinic is supervised by Dr. Anjani Kumar (B.H.M.S, BU – Regd. No: 171/16, Ranchi), an eminent homeopathy doctor with significant experience in treating a wide range of health conditions.

The clinic offers continuous consultation, diagnosis, and homeopathic treatment for various ailments, ensuring that community members—especially the underprivileged—have access to reliable medical care. The ongoing service reflects the Trust's commitment to promoting preventive healthcare and holistic well-being in society.



Impact:

Provides affordable and accessible healthcare to underprivileged and marginalized sections.
Offers regular guidance and treatment under a qualified homeopathy practitioner.
Promotes preventive care and overall wellness in the community.

Conclusion:

The clinic has become a trusted source of healthcare for the community, ensuring that quality homeopathic treatment is consistently available. It demonstrates the Trust's sustained dedication to health and well-being.

Future Vision:

To expand services to more specialized treatments and preventive health programs.
To increase community outreach and awareness campaigns about homeopathic care.
To maintain a structured follow-up system for patients, ensuring continuity of care and long-term wellness.





Drawing Class



Dance Class



Karate Class



Music Class



Yoga Class



We at Cosmos Youth Club Charitable Trust extend our heartfelt gratitude to all our members, volunteers, donors, and well-wishers for your continued support in helping us serve the community.

Your encouragement enables us to organize health camps, educational programs, vocational training, cultural celebrations, and community welfare initiatives that touch countless lives.

Donate to support our initiatives:

Thank You

To continue and expand our mission of empowering the underprivileged, promoting health, education, and social well-being,
We humbly request your generous support. Every contribution, big or small, helps us bring hope, knowledge, and care to those who need it most

Together, we can create a healthier, educated, and empowered society. Thank you for being a part of this journey!

With gratitude,
Cosmos Youth Club Charitable Trust